

Worksheet -1

Subject - EVS

Class: - II

Teacher- Mrs. Aarti

Name: _____ Class & Sec: _____ Roll No. _____ Date: 07.04.2021

Q1: What are internal organs?

Ans: Organs that are inside our body are known as internal organs. For example: Heart, Kidney, Brain

Q2: What are external organs?

Ans: Organs that are outside our body are known as external organs. For example: Eyes, nose, fingers.

Q3: What is a posture?

Ans: A posture is the position in which we sit, stand and walk.

Q4: How can we make our bones and muscles strong?

Ans: Bones and muscles become strong when we eat healthy food and exercise every day.

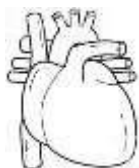
II. Draw / paste the following picture and write the functions of each:

1. Brain



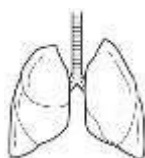
- a. The brain helps us to think and remember.
- b. The brain helps us to do our work.

2. Heart



- a. It pumps blood to all parts of the body.

3. Lungs



- a. A person breathes through our lungs.

4. Stomach



- a. The stomach helps a person to digest the food we eat.

5. Bones and Muscles



- a. Bones and muscles together give shape and support to the body.
- b. Muscles help our bones to move.